



**COLORADO**  
Department of Corrections  
Fremont Correctional Facility

Jay Hudson, Custody/Control Manager  
P.O. Box 999  
Canon City, CO 81215-0999

Date: October 6, 2015  
Subject: 7 Habits on the Inside Impact  
Location: Fremont Correctional Facility

This documentation is based on research that was conducted during the last week of December in 2011. At that point in time the Fremont Correctional Facility had successfully completed 767 offenders through the 7 Habits on the Inside program. Please note, this is an internal committee review. The Colorado Department of Corrections is currently conducting an evidence based study to further determine the impact of the 7 Habits on the Inside program.

This committee researched the 767 offenders who had successfully completed the program and looked at the following:

- Offenders who successfully completed the program and have either discharged or paroled since their graduation
- Offenders who successfully completed the program and are still serving their time
- If the offender left the confinements of our institutions, how many have not re-offended and returned and how many did
- We reviewed how many incident reports were generated by each offender before they successfully completed the program
- Then we reviewed how many incident reports were generated by each offender after they successfully completed the program

All supporting documentation of the research can be reviewed in my office. Reminder, these statistics are Fremont Correctional Facility specific and not state wide.

Total number of offenders researched: 767

- 371 offenders were released from confinement
- 33 of those offenders returned to confinement
- **8.8% recidivism rate**
- 213 offenders are serving life sentences
- 183 offenders have not left confinement since successfully completed the workshop
- 2,029 Incident Reports were written on the 767 offenders before completing the workshop
- 502 Incident Reports were written on the 767 offenders after successful completion of the workshop
- **76% reduction of Incident Reports** generated on offenders who successfully complete the workshop thus reducing the management problems in the facility and increasing overall safety and security

